## Safety Tips for the Adopt a Street/Trail Program: Do's and Don'ts

- Do stay alert for traffic when crossing roads and driveways. Cross with signals.
- Do stay on the right-of-way facing traffic and stay with your team.
- Do leave trash bags along the street so they are visible for pickup. Larger items can be piled on top of bags for pickup.
- Do always wear reflective safety vests (provided for volunteers) so that you can be seen.
- Do wear light or brightly colored protective clothing, hard soled shoes and sturdy work gloves.
- Do use sun block and insect repellent and wear a hat.
- Do work only in daylight and in fair weather.
- Do drink plenty of fluids, and rest if you get tired.
- Do stay alert for snakes and noxious weeds, do not touch them.
- If you are driving to the project site, do carpool to keep the number of vehicles on the roadside at a minimum.
- Do park off the road as far away from the pavement edge as possible. Use parking lots and wide spots whenever possible.
- Do not pick up litter that is:
  - On the roadway surface or on medians
  - Close to the edge of the road
  - On construction sites
  - On bridges or overpasses
  - In fast moving water, on slippery rocks, steep banks, or where water runs under roads
  - In the dark
  - When the weather is wet, cold, snowing or under other dangerous conditions
  - When under the influence of alcohol or drugs
  - If you suspect the litter may be hazardous or danger. If so, call 911 for help immediately.
- Do not play around or do anything that would distract passing drivers or other volunteers.
- Do not pick up or handle live or dead animals.
- Do not work during peak travel times when traffic is heavy.
- Do not overfill trash bags so that they are too heavy or carry a heavy bag long distance, a partially filled bag is fine.
- Do not over-extort yourself take plenty of breaks, drink liquids, and dress appropriately for weather.
- Do not bring small children or pets along on clean ups.

