

Fruita Community Center Indoor Pool Schedule

January 2nd - May 26th 2012

NEW HOURS

POOL OPENS AT 6AM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LAP POOL	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	7:30a - 7:30p	12:00p - 5:30p
Lap Swimming	6:00a - 8:30a (4 lap lanes open)	6:00a - 8:30a (4 lap lanes open)	6:00a - 8:30a (4 lap lanes open)	6:00a - 8:30a (4 lap lanes open)	6:00a - 8:30a (4 lap lanes open)	7:30a - 8:30a (4 lap lanes open)	
	12:30p - 1:30p (2 lap lanes open)	12:30p - 1:30p (2 lap lanes open)	12:30p - 1:30p (2 lap lanes open)	12:30p - 1:30p (2 lap lanes open)	12:30p - 1:30p (2 lap lanes open)		
Deep Water Jogging	6:00a - 8:30a 12:30p - 1:30p (1 lane)	6:00a - 8:30a 12:30p - 1:30p (1 lane)	6:00a - 8:30a 12:30p - 1:30p (1 lane)	6:00a - 8:30a 12:30p - 1:30p (1 lane)	6:00a - 8:30a 12:30p - 1:30p (1 lane)	7:30a - 8:30a (1 lane)	
LEISURE POOL	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	6:00a - 8:30p	7:30a - 7:30p	12:00p - 5:30p
SWIM LESSONS ½ Pool Open		9:30a - 10:40a 4:30p - 6:30p		9:30a - 10:40a 4:30p - 6:30p		9:00a - 11:20a	
WATER AEROBICS							
Splash I	8:30a - 9:20a		8:30a - 9:20a		8:30a - 9:20a		
Splash II	9:30a - 10:20a		9:30a - 10:20a		9:30a - 10:20a		
Platinum Splashers	10:00a - 11:00a		10:00a - 11:00a		10:30a - 11:30a		
Express Breath	11:30a - 12:20p		11:30a - 12:20p		11:30a - 12:20p		
H2O Strength		8:30a - 9:20a		8:30a - 9:20a			
Hydropower Deep		9:30a - 10:20a		9:30a - 10:20a			
Aerobic Waves	5:30p - 6:30p		5:30p - 6:30p		5:30p - 6:30p		
Power Waves		5:30p - 6:30p		5:30p - 6:30p			
DIVING BOARD	6:00p - 8:30p	2:30p - 4:30p	6:00p - 8:30p	2:30p - 4:30p	6:00p - 8:30p	10:30a - 1:30p 4:30p - 7:30p	12:00p - 2:30p
CLIMBING WALL	6:00p - 8:30p	2:30p - 4:30p	6:00p - 8:30p	2:30p - 4:30p	6:00p - 8:30p	10:30a - 1:30p 4:30p - 7:30p	12:00p - 2:30p
WATER SLIDE	4:00p - 6:00p	6:30p - 8:30p	4:00p - 6:00p	6:30p - 8:30p	4:00p - 6:00p	1:30p - 4:30p	2:30p - 5:30p

- * All times are subject to change.
- * Lap swimming is available most hours of operation but lanes are only guaranteed during scheduled lap swimming times.
- * Children under 6 are not allowed in the Hot Tub. Children 7 - 13 must be accompanied by an adult in the Hot Tub. Individuals under 16 must exit at capacity.
- * Swim diapers are required for infants and children not toilet trained.
- * Everyone must shower before entering the Pool or Hot Tub.